



## Introduction to Uniformed Services and Sport (foundation year) - K120

This qualification has been specifically designed for the 16-18 age group and will provide an introduction to employment and skills in the sport and Uniformed Service industries. The content covers a broad base of sport, health, fitness and employability skills related to Sport and Uniformed services and will enable progression to further learning at Level 2 in either discipline or an apprenticeship.

### COURSE DETAILS

The qualification is for students who want to seek a career within sport or any of the uniformed services. At this foundation level there will be generic skills you will require whichever route you wish to take such as fitness, leadership and other employability skills.

It aims to provide learners with:

- an understanding of the Uniformed Services and Sport sectors
- the opportunity to investigate career opportunities in the uniformed services and sporting industries.
- the opportunity to investigate volunteering roles and the transferable workplace skills volunteering can provide
- an understanding of the personal commitment and fitness requirements needed

Units of study include :-

- Participating in leisure activities
- Planning a fitness programme
- Problem solving
- Working in a team
- Time management skills
- Improving own learning and performance

### ENTRY GUIDELINES

Relevant Entry Level qualification or 3GCSEs at Grade 2/E or above. Satisfactory interview, assessment, school report and/or satisfactory reference. If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

## EQUIPMENT REQUIRED

To learn effectively on your course you will need to use certain items of equipment and undertake particular activities as part of your studies. To further enhance your learning experience the following will be required: Uniform £80 Educational Visits £50 If you need support with these costs, don't worry, click on the link below and complete a bursary application form. <https://www.wmc.ac.uk/student-support/financial-support/bursaries-loans> Equipment purchased will be yours to keep and you will be able to use them for practice at home and in your future career. N.B. prices correct as of 23/06/2021

## ASSESSMENT METHOD

This course is assessed using a variety of methods including tutor-observations of practical activities, worksheets, presentations etc.

## ADDITIONAL INFORMATION

Are you aged 16-18?

Study programmes are full-time courses for 16-18 year olds which include:

- A qualification such as BTEC Extended Diploma
- Meaningful work experience or preparation for work
- English and maths, if you don't already have GCSE grade 9-4 (A\*-C) in English and maths (grade 4 and above)
- Non-study activities such as tutorials, voluntary work, fund-raising/charity work, sport or trips.

## WHERE CAN I PROGRESS TO?

K013 L2 Military Preparation K020 L2 Uniformed services K065 L2 Sport Diploma K122 L2 Fitness Instructor L2 Apprenticeship

**You could progress to these Wirral Met courses:**

- [K013 - L2 Diploma in entry to uniformed services](#)

- [K020 - Public and Uniformed Services](#)
- [K048 - Personal Trainer \(Gym based\) Diploma](#)
- [K065 - Sport Diploma](#)

## WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Full Time	K120P001	
<p><b>If you are aged 16-18:</b></p> <p>This study programme will be FREE for most students who are aged 16-18 on 31 August, or students aged 19-24 with an Education, Health &amp; Care Plan.</p> <p><b>If you are aged 19 or over:</b></p> <p>Fee : £575.00</p> <p><i>The fee quoted is for the academic year 23/24.</i></p>			

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 08th May, 2024 and may be subject to change.