



Introduction to Mental Health - Y042

This is a short 10 week course that introduces you to some of the key areas of study in Mental Health awareness and understanding.

You will be introduced to some key ideas and theories about the causes of adverse mental health such as depression and stress. You will also look at how the body, mind and behaviour are affected by conditions such as Personality Disorders, Psychosis, Schizophrenia or mood disorders.

ENTRY GUIDELINES

There are no formal entry guidelines, apart from having a keen interest in the subject.
This is a book a place programme

ASSESSMENT METHOD

You will complete a workbook that is designed to develop your study skills and understanding of the subject. You will have one session a week for 10 weeks.
Once the work booklet has been completed your tutor will give you developmental feedback to enable you to progress further with your studies, should you wish too.
You will receive a college certificate which recognises your work and understanding of the subject.

WHERE CAN I PROGRESS TO?

You can progress on to another Introduction course or, if you have level 2 English and Maths, to our Level 2 Mental Health Awareness

WHEN DOES THIS COURSE RUN?

| CAMPUS | ATTENDANCE | COURSE CODE | PLANNED TIME TABLE |
|--|------------|-------------|--------------------|
| | Part Time | Y042P002 | |
| <p>If you are aged 19 or over:</p> <p>Fee : £85.00</p> <p><i>The fee quoted is for the academic year 23/24.</i></p> | | | |

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 29th March, 2024 and may be subject to change.