

A photograph of two young men in a gym. One is sitting on a blue exercise machine, and the other is standing next to him, facing away from the camera. They are both wearing red sports shirts. In the background, there are other gym equipment and large windows looking out onto a green field.

Sports Coaching, Development and Excellence Diploma - K085

The course has been designed to prepare you for a career in leading sport and active leisure sessions and/or outdoor activities.

The course will be delivered with an emphasis on football.

COURSE DETAILS

Wirral Met College Football Development Centre combines this academic activity leadership qualification with practical skills and technical/tactical development, coaching and the option of competitive or recreational weekly football fixtures depending on ability.

Throughout this qualification you will develop the knowledge and skills needed to prepare you to plan, lead, conclude and review activity sessions in the sports environment.

Areas of Study (to include)

- Health, safety and welfare in a sports environment
- Equality and diversity in sport
- Working in a team or organisation
- Prepare for activity sessions
- Lead activity sessions
- Conclude and review activity sessions
- Enable disabled people to take part in sport
- Contribute to adventurous activities
- Set up, take down and store activity equipment

ENTRY GUIDELINES

This is a Study Programme for students who are 16-18 years of age.

To study a Level 3 qualification, you will need:

A minimum of 5 GCSEs at Grades 4-9 including English and/or Maths (or L2 Functional Skills in English and/or Maths)

OR

A relevant Level 2 qualification and English or Maths at Grade 4 or above (or L2 Functional Skills in English and/or Maths)

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

EQUIPMENT REQUIRED

To learn effectively on your course you will need to use certain items of equipment and undertake particular activities as part of your studies. To further enhance your learning experience the following will be required:

- Uniform
- Educational Visits

These will incur additional costs.

If you need support with these costs, don't worry, click on the link below and complete a bursary application form.

<https://www.wmc.ac.uk/student-support/financial-support/bursaries-loans>

Equipment purchased will be yours to keep and you will be able to use them for practice at home and in your future career.

ASSESSMENT METHOD

The course is assessed using a combination of practical and portfolio-based activities.

ADDITIONAL INFORMATION

There will be a fee payable to contribute to the residential costs for overnight expeditions and visits, costs will be advised at interview. Students will take part in a variety of activities as part of the course, examples of these are:

- College Football Development Centre representation in The Merseyside Schools & College's League (depending on playing ability)
- Intra College competitions
- Manchester City FC stadium tour
- National Football Museum visit
- Residential visit to London including a visit to Arsenal FC for a festival of football and an Emirates stadium tour as well as a Wembley stadium visit
- Training session at The FA's national football centre St George's Park (training facility of the England national squad)
- Adventurous activities which may include gorge walking, abseiling, rock climbing, canoeing, and kayaking
- Planning and leading sports coaching sessions to local primary school children
- Work experience placements

Are you aged 16-18?

Study programmes are full-time courses for 16-18 year olds which include:

- A qualification such as BTEC Extended Diploma
- Meaningful work experience or preparation for work
- English and maths, if you don't already have GCSE grade A* - C (grade 4 or above) in English and maths
- Non-study activities such as tutorials, voluntary work, fund-raising/charity work, sport or trips

WHERE CAN I PROGRESS TO?

At the end of the course you could progress to employment in the sports and fitness industry or continue studying sports, fitness or outdoor adventure at Wirral Met College.

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

You could progress to these Wirral Met courses:

- [K008 - Public Services \(1st year of 2 year course\) Extended Diploma](#)

WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Full Time	K085Q001	

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<p>If you are aged 16-18:</p> <p>This study programme will be FREE for most students who are aged 16-18 on 31 August, or students aged 19-24 with an Education, Health & Care Plan.</p> <p>If you are aged 19 or over:</p> <p>Fee : £2400.00</p> <p><i>The fee quoted is for the academic year 24/25.</i></p>			

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Full Time	K085Q002	
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For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 30th June, 2025 and may be subject to change.