

A photograph of a gym setting with large windows. Several young men are visible; some are sitting on blue and yellow exercise machines, while others are standing. A blue banner with white text is overlaid on the top left of the image.

Sport Diploma - K065

Our level 2 Sport Diploma qualification is designed to help you to choose which career is right for you within the exciting sporting industry. Examples of careers are:

- Sport Development Officer
- Sports Scientist
- and many more that will be discussed on your course

Wirral Metropolitan College Football Development Centre combines this academic qualification with practical skills and technical/tactical development, coaching and the option of competitive or recreational weekly football fixtures depending on ability.

COURSE DETAILS

Throughout this qualification you will develop the knowledge and skills needed to prepare you to plan and lead activity sessions in the sports environment.

- Participation in sport
- Sports coaching
- Developing sporting skills and tactical awareness
- Physical fitness and injuries in sport
- Performance analysis for sport
- Psychology for sports performance
- Planning and leading sports activities
- Understanding business in sport
- Lifestyle and the sports performer
- Sports volunteering
- Work experience in the sports industry
- Plan and set up an enterprising sport business
- Anatomy and physiology for sport

- Introduction to healthy exercise and nutrition
- Development of personal fitness through training
- Factors affecting participation in sport and physical activity
- Preparing to work in the sport and leisure industry

ENTRY GUIDELINES

Priority will be given to those aged 16-18 years old.

Relevant Level 1 qualification or minimum 3 GCSEs at 3/D or above, preferably including English and maths.

Satisfactory interview, assessment, school report and/or satisfactory reference.

You should have a keen interest in sport and aspire to pursuing a career in leading and coaching sport and active leisure activities.

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

EQUIPMENT REQUIRED

To learn effectively on your course you will need to use certain items of equipment and undertake particular activities as part of your studies. To further enhance your learning experience the following will be required: Uniform £100 Educational Visits £50 If you need support with these costs, don't worry, click on the link below and complete a bursary application form. <https://www.wmc.ac.uk/student-support/financial-support/bursaries-loans> Equipment purchased will be yours to keep and you will be able to use them for practice at home and in your future career. N.B. prices correct as of 23/06/2021

ASSESSMENT METHOD

The course is assessed using a combination of practical and portfolio-based activities.

ADDITIONAL INFORMATION

There will be a fee payable to contribute to the residential costs for overnight expeditions and visits, costs will be advised at interview.

Are you aged 16-18?

Study programmes are full-time courses for 16-18 year olds which include:

- A qualification such as BTEC Extended Diploma
- Meaningful work experience or preparation for work
- English and maths, if you don't already have GCSE grade A* - C (or grade 4 or above)
- Non-study activities such as tutorials, voluntary work, fund-raising/charity work, sport or trips

WHERE CAN I PROGRESS TO?

At the end of the course you could progress to employment in the sports and fitness industry or continue studying on BTEC Level 3 Sport and Exercise Science, Outdoor Adventure and Sport or NCFE Level 3 Certificate in Sports Coaching, Development and Excellence at Wirral Met College.

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

You could progress to these Wirral Met courses:

- [K069 - Sport \(Football Performance and Excellence\) Diploma](#)

WHEN DOES THIS COURSE RUN?

| CAMPUS | ATTENDANCE | COURSE CODE | PLANNED TIME TABLE |
|--------|------------|-------------|--------------------|
| | Full Time | K065P001 | |

If you are aged 16-18:

This study programme will be FREE for most students who are aged 16-18 on 31 August, or students aged 19-24 with an Education, Health & Care Plan.

If you are aged 19 or over:

Fee : £575.00

The fee quoted is for the academic year 23/24.

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 19th April, 2024 and may be subject to change.