



**FREE
COURSE**

ADVERSE CHILDHOOD EXPERIENCES (ACE's)

with Wirral Met College

Stressful or traumatic experiences in childhood can have a tremendous impact on futures. You are more likely to experience violence, victimisation and lifelong health problems. On this day course we will work to understand ACEs, look at how they can impact children and adults and explore ways to prevent them.

COURSE DETAILS:

DATE: Thursday 19th June

TIME: 10am - 2:30pm

PLACE: Tomorrow's Women Chester, 5 Upper Northgate Street, Chester, CH1 4EE

This course is free to complete and won't affect your benefits.
Book your place with Tomorrow's Women.

