



**FREE
COURSE**

SOCIAL MEDIA AND MENTAL HEALTH

with Wirral Met College

In these sessions you will explore the impact of social media on both children and adults.

You will analyse different platforms and how they use language and media to influence their audiences. You will also consider the impact of social media on self-esteem. This course will also help you to improve your English skills.

COURSE DETAILS:

DATE: Wednesday 16th October - Wednesday 13th November (4 Weeks)

TIME: 10am - 12pm

PLACE: Spider Project, 56 Hamilton Street, Birkenhead, CH41 5AE

This course is free to complete and won't affect your benefits.
Book your place with the Spider Project.

