



**FREE
COURSE**

UNDERSTANDING ADHD

with Wirral Met College

What is it like to live with ADHD?

How can ADHD affect people?

This awareness session will be filled with useful information to improve your understanding of ADHD.

COURSE DETAILS:

DATE: TUESDAY 26TH NOVEMBER 2024

TIME: 10AM-12PM

PLACE: Forum Housing, 24-28 Hamilton Street Birkenhead, Wirral CH41 1AL

This course is free to complete and won't affect your benefits.
Book your place with Forum.

